



West-Mont United S.A. Return to Play Protocols

Before Arrival to facility:

- Comply with **ALL** Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional WMUSA directives/requirements.
- **If a player, coach, or spectator reports to you of any of the following:** Covid-19 exposure, Covid-19 testing pending or travel to hotspot – The coach **MUST** report this to **your Zonal Director** immediately and that person/family is not permitted on site.
 - If you are showing any signs of COVID-19 or have been exposed to COVID-19 in the last 14 days, do not attend training/games. Sick persons must stay at home and follow appropriate health guidelines. Signs include: Persistent cough (dry or wet), shortness of breath, sore throat, runny nose. Additional symptoms include muscle pain, headache, and new loss of taste or smell.
- All players, coaches, spectators, referees are to check their temperature before arriving on site. If over 100.4, **do not attend**.
- Minimize interaction with other teams that play before or after you. Emphasize players should go straight to cars at the exit point designated for their team after the game is over.
- **Masks are to be worn at all times by players, coaches, referees, spectators, including during the game. – unless a medical condition prevents as per CDC and PA Health Dept.**
- No tailgating on site between games

Games

Players and Coaches

- Players and coaches are encouraged to bring their own sanitizer.
- **It is mandatory for all players & coaches to wear a mask at all times** – unless a medical condition prevents as per CDC and PA Health Department.
- Do not share water bottles, food, etc.
- Sanitize hands after leaving the field and between each game.
- **Coaches to enforce/responsible for the 2 spectators per player policy**
- Do not come onto the field/bench area until the other teams have vacated the field.

Spectators

- **2 spectators per player** – Due to the state restriction on gatherings, we can only allow 2 spectators per player.
- Spectators will be separated in clearly marked areas to comply with social distancing.
- **Spectators must wear a masks at all times**– unless a medical condition prevents as per CDC and PA Health Department.
- Anyone displaying symptoms of COVID-19 is prohibited from attending.
- Spectators are encouraged to bring their own sanitizer.
- Avoid handling of the soccer ball if it comes to you.

Referees

- Referees are to wear masks– unless a medical condition prevents as per CDC and PA Health Department. .
- Soccer balls will be disinfected by referees before each game.

TRAINING

Players and Coaches

- Players and coaches are encouraged to bring their own sanitizer.
- **It is mandatory for all players to wear a mask at all times** – unless a medical condition prevents.
- It is mandatory for coaches to wear face coverings at all times.
- Do not share water bottles, food, etc.
- Sanitize hands after leaving the field.
- Do not come onto the field/bench area until the other teams have vacated the field.

Parents

- Parents are not permitted at the fields (or inside facility) during training sessions. Please wait at/in your cars.
- Please avoid congregating in the parking lot during training sessions in large groups.

COVID-19 Rules/Policy

West-Mont United S.A. is committed to supporting all of our participants and their safety with thorough safety precautions and crowd mitigation. Following these Rules/Policy, WMUSA's goal is to provide a safe and enjoyable experience for all players, coaches, officials, and families while eliminating any unnecessary risk.

Crowd Management and Mitigation Practices

- **Limiting spectators, 2 spectator per player maximum.**

Scheduling and Operational Adjusted Practices

- Create game schedules that allow proper spacing to reduce number of participants on-site.
- Create spacing in schedule to allow teams to completely leave bench area and field prior to next teams arriving.

Enhanced Sanitizing and Safety Protocols

- Increased cleaning and sanitizing of rest rooms, porta johns, common areas, etc. - This will take place throughout the day.
- Increase signage and messaging to inform participants.
- Enhanced pre-event training for staff to maintain safety.
- Hand sanitizing stations will be strategically placed throughout the facility.

Game Adjusted Practices

- No post game handshakes, fist bumps, etc.
- No spitting will be allowed on field, sidelines, etc.
- Referee will sanitize soccer ball before/after each game.

Approved by WMUSA BOD 3/21/21

- Teams **MUST** wait until field and bench area is vacated prior to entering the field for next scheduled match.
- Team benches will not be provided by WMUSA.

General Health and Safety Protocols

- WMUSA will provide specific and detailed pre-event communication through email or other form of electronic communication.
- WMUSA will require all staff, players, coaches, managers, and match officials to submit a COVID-19 waiver in order to participate in the event.
- WMUSA will have a planned response and plan in place of a reported COVID-19 infection.
- All participants, spectators, etc. are encouraged to bring their own sanitizer, PPE, etc.

Confirmed Case Policy

COVID-19 Policy: Confirmed Case

SUMMARY: When there is a confirmed case of COVID-19

- The participant or staff member must self-isolate for minimum of 7 days with a negative test after 5 days, or 10 days with no test.
- If anyone in immediate family is diagnosed with virus, isolation period must start over until all members of household are symptom free for 10 days
- All persons who may have had contact with confirmed individual will be notified
- Specific area(s) where individual was present will be thoroughly cleaned and disinfected
- Confirmed case will be reported to proper government agencies
- Per CDC guidelines, individual can return to team activities (trainings, games, meetings, etc.) when they have no fever, no symptoms, and a negative test after 5 days & 7 day quarantine or 10 day quarantine with no test.

Purpose: To ensure the health and safety of all associated with WMUSA, its staff, participants, and spectators.

Policy:

1. Recognizing Symptoms

Anyone suspected of being infected with COVID-19 will be requested to seek medical attention immediately if they are exhibiting the following warning signs:

- Fever (associated with one or more of below)
- Trouble breathing, cough, and/or sore throat
- Persistent pain or pressure in chest
- New confusion or inability to arouse
- Bluish lips or face

2. Confirmation of Exposure: if notified of an individual's confirmed case of the COVID-19 virus, we will immediately begin following the appropriate steps to mitigate further spread.
 - a. Confirmed case of participant or staff of WMUSA.
 - i. Require isolation of individual for 10 days
 1. 10-day isolation period resets with new case in household
 2. Per CDC, individual can return when they have no fever, no symptoms, and a negative test after 5 days & 7 day quarantine or 10 day quarantine with no test.
 - ii. Conduct a confidential interview, identifying all persons that came into close contact with diagnosed individual
 - iii. Report gathered information to notify local healthy agency
 - iv. Inform staff and families of their potential exposure to a diagnosed individual, while making sure to protect their privacy
 1. Provide each contact with guidelines for isolation, symptoms, seeking help, and preventing spread of virus.
 - v. All areas where infected individual was present will be thoroughly cleaned & disinfected immediately
 - vi. Identify and investigate increased and unusual absences and connect those with symptoms with proper health care sites to be tested & provided immediate care

Helpful Resources

1. Centers for Disease Control and Prevention (CDC) website
 - a. <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
2. Occupational Safety and Health Administration (OSHA) website
 - a. <https://www.osha.gov/SLTC/covid-19/>
3. World Health Organization (WHO) website
 - a. <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>
4. Pennsylvania Department of Health website
 - a. <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx>
5. Commonwealth of Pennsylvania website
 - a. <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx>